



ABOUT FIT ATHLETIC CLUB SOLANA BEACH

Exercise in a world-class fitness facility. Fit recruits and retains only the very best instructors and trainers, houses the most innovative fitness equipment in the world, and constantly strives to provide challenging group exercise classes that incorporate the best practices in the industry. Relax in your home away from home. Fit understands the importance of a fully balanced body & mind. Fit is also the official home of the Atomic Groove Fly Girlz, providing rehearsal space and workout opps for the AG Fly Girlz. Atomic Girl Carrie is a Fit Staff Member, teaching many classes including dance, postural alignment, athletic conditioning, cardio, sculpting and more!

AG Lovers Discount:

Free Day Pass

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